

## PE Curriculum Map 2019 - 2020

Year	Autumn Term		Spring Term		Summer Term	
	1	2	3	4	5	6
Rec & Yr 1	Parachute games & Team building Games	Fundamental movement skills - agility, balance & co-ordination  & Gymnastics	Object manipulation Exploring ways in travelling, sending and receiving & Dance controlled movements and actions with changes in speed and direction	Fundamental movement skills - agility, balance & co-ordination  & Gymnastics	(multi skill focus) Explore and develop the following skills individually, with a partner and as part of a small group: Agility, Balance, Coordination, Throwing, Catching, Jumping and Kicking & Athletics	Athletics Sports day prep. Athletics Sports day prep.
Yr 2	Team building Problem solving & Importance of health & fitness	Fundamental movement skills - agility, balance & co-ordination & Dance	Games (multi skill focus) & Gymnastics	Fundamental movement skills - agility, balance & co-ordination & Dance	Games (multi skill focus) & Athletics	Athletics Track and field & Games (multi skills focus)
Yr 3	Team building Problem solving & Invasion Games Tag Rugby	Invasion Games Netball & Dance	Games (multi skill focus) & Gymnastics	Net and wall Tennis & Importance of health & fitness	Athletics & Swimming Water safety	Striking & Fielding & Swimming Water safety
Yr 4	Team building Problem solving & Invasion Games Tag Rugby	Invasions Games Hockey & Gymnastics	Invasion Games Basketball & Swimming Develop front crawl	Net and wall & Swimming Develop front crawl	Dance/Gymnastics & Athletics field	Striking & Fielding & Athletics Track

Yr 5	Team building Problem solving & Invasion Games Tag Rugby	Invasion Games Hockey & Dance	Invasion Games Netball & <b>Swimming</b> proficiently over a greater distances	Invasion Games Football & <b>Swimming</b> confidently and proficiently over a distance	Athletics & Gymnastics	Outdoor adventurous activities & Striking & Fielding Quick cricket
Yr 6	Team building Problem solving & Invasion Games Tag Rugby	Invasion Games Basketball & Swimming	Invasion Games Netball & Gymnastics Floor and flight routines	Dance & <b>Net &amp; Wall</b> Tennis	Athletics Track and field & <b>Striking &amp; Fielding</b> Quick Cricket	Invasion Games Hockey & Outdoor adventurous activities